



Productivity | Wellbeing | Leadership | Motivational | Diversity

EVE BROENLAND

**LESS NOISE.
MORE CLARITY.
BETTER WORK.**

Real productivity isn't about doing more—it's about creating the **cognitive capacity** to focus on what truly matters. Eve provides a **research-backed framework** to cut through noise, restore clarity, and ensure sustainable performance in overloaded environments.



WHY EVE BROENLAND?

SCIENTIFIC EXPERTISE:

Double Master's Degree in Environmental Science and Marine Biology.

PROVEN FRAMEWORK:

Rooted in complexity science, cognitive psychology, and productivity strategy.

STRUCTURED APPROACH:

Dutch heritage brings directness; martial arts training brings focus and discipline.

INDUSTRY TRUST:

Author of two books; trusted by Rio Tinto, Red Bull, Wrays, and Glencore.



KEYNOTE TOPICS

OPERATING UNDER OVERLOAD:

Managing Work When Everything Feels Urgent

FOCUS:

Treating overload as a capacity problem, not a capability issue.

KEY TAKEAWAY:

Tools to regain control and perform at a high level without burning out.

TARGET:

Leadership, high-pressure teams, and whole-of-conference audiences.



YOUR BEST CHOICE

**LESS NOISE. MORE CLARITY.
BETTER WORK.**

FOCUS:

Shifting from “doing more” to “deciding what matters”.

KEY TAKEAWAY:

Practical filters to sharpen focus and improve day-to-day decision-making.

TARGET:

Mixed audiences and organizations needing immediate, actionable tools.

MAKE BETTER DECISIONS UNDER PRESSURE

FOCUS:

Reducing overthinking and reactive choices when cognitive resources are stretched.

KEY TAKEAWAY:

Strategies to simplify choices and avoid unnecessary complexity.

TARGET:

Senior leaders, project environments, and fast-moving organizations needing immediate, actionable tools.



Eve helps you simplify your thoughts, decisions and actions. Her focused approach finds true clarity in a world of distraction.



RAYMOND TANG, WESTPAC



SHOWREEL

@EVBROENLAND



MORE INFO

EVBROENLAND.COM



E-MAIL

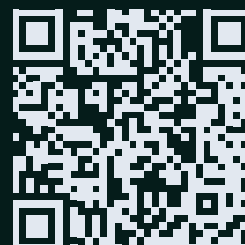
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CALL

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**WATCH EVE
IN ACTION**



**BOOK
A CALL**

